# Guidelines for the Peace Table

Sit comfortably with your body facing the other person.

Focus on the other person, and listen closely to what they say.

Only one person can speak at a time.

When you are not the speaker, put your hands in your lap.

Speak clearly and pleasantly, and try not to have an argument.

Remember – a friend is kind and cares about other people – be a friend.

Try to win a friend – not an argument.





## The Peace Table

(for the person who suggesting coming to the table)

- 1. Place your left hand on the table.
- 2. Hold the Peace Flower with your right hand.
- 3. Say your friend's name.
- 4. Say the way you feel.
- 5. Say why you feel this way.
- 6. Put the Peace Flower down and put your hands in your lap.
- 7. Listen to your friend's response.
- 8. Reply to your friend, and take it in turns to speak.
- 9. Ring the bell when you and your friend have reached an agreement.









# The Peace Table

(for the person who is called to the table)

- 1. Place your hands in your lap.
- 2. Listen carefully to what is being said until your friend puts the Peace Flower down.
- 3. Place your left hand on the table.
- 4. Hold the Peace Flower in your right hand
- 5. Say your friend's name.
- 6. Reply to your friend.
- 7. Give the flower to your friend and put your hands in your lap.
- 8. Listen to your friend's response.





### Making a Peace Flower



#### You will need:

- a tray
- a template of the peace flower
- a piece of white bank paper (very thin)
- 2 paper clips
- a lead pencil
- scissors
- a yellow pencil, felt tip or crayon
- a paper fastener
- a protection mat

#### What to do:

- 1. Get a tray and collect all the items together
- 2. Find a table and lay out all the items ready for use.

3. Take the template and place the bank paper carefully on top.

4. Clip the paper to the template with the paperclips to keep it still.

5. Draw around the outline of the petals and middle of the flower with the lead pencil.

6. Remove the paper from the template.

7. Cut out the petals and circle you have drawn with scissors.

8. Colour the centre with a coloured pencil. felt tip or crayon.

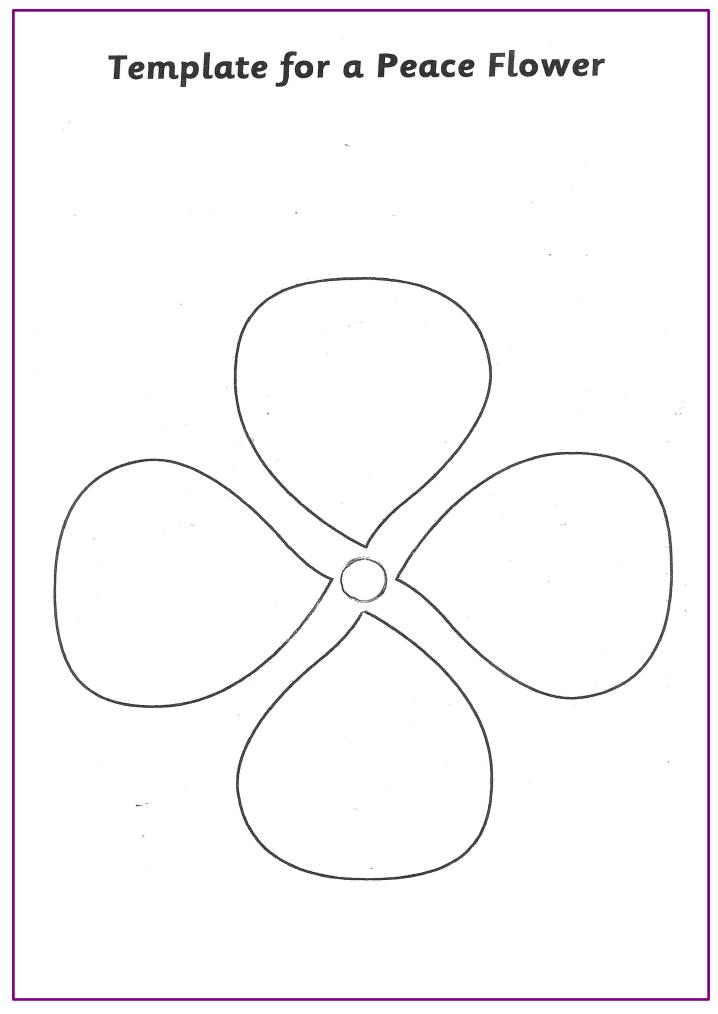
9. Arrange the petals so that they are look like the flower in the picture above, and put the circle in the middle.

10. Push the paper fastener through the middle of the flower and bend the ends flat at the back.

#### Other ideas:

If your drawings are quite good, draw a peace flower freehand (without the template)

Get a group of friends together, and paint a "peace tree" as a joint effort for the classroom and mount the peace flowers on it.



## Using the Telephone to Say "Thank You"

#### You will need:

- Permission to use the telephone
- Telephone Number
- Script

#### What to do:



- 1. Pick up the receiver and check there is a dialling tone.
- 2. Press the numbers on the key pad and listen.
- 3. If the phone is ringing be prepared to listen and speak.

4. Make sure it is the correct number and ask for whoever you would like to speak to by name.

"Hello my name is Jane Smith. Is Mr Brown there please?"

6. When he replies say:

"Hello Mr. Brown this is Jane Smith from ...... Montessori Primary School. I was just calling to say thank you for coming to visit us yesterday to tell us all about your school days. It was very interesting and we all enjoyed listening to you."

7. Listen to what he says and reply if necessary.

8. Say "Good-bye" before putting the phone down.

#### Other ideas:

Using the telephone to: give an invitation, making appointments for the doctor, dentist, optician or making a complaint.